

# Live Fire Course Competency Validation/Fitness for Duty Form

## Required for all students before participating in SFRT Live Fire Training

NFPA 1403 (2018 Edition) 4.3.1 - 4.3.3 require that all participants must have prior training and meet prerequisites in certain subjects before participating in live fire training. These minimum subjects include:

1) Safety; 2) Fire Behavior; 3) Portable Extinguishers; 4) Personal Protective Equipment & SCBA; 5) Ladders; 6) Fire Hose, Appliances, and Streams; 7) Overhaul; 8) Water Supply; 9) Ventilation; 10) Forcible Entry; 11) Building Construction. Specific prerequisite training must also be met in these areas: Fire Dynamics; Health and Safety; Fundamentals of Fire Behavior; Fire Development in Compartments; Nozzle Techniques and Door Control.

The Chief Officer of \_\_\_\_\_ Fire Department authorizes that \_\_\_\_\_ completed the minimum training/prerequisites and may participate in the live fire training evolutions present by SFRT.

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NFPA 1403 (2018 Edition) 4.4.1 requires that all participants must be rehabbed in accordance with NFPA 1584, Chapter 6. Before being released from the rehab area to participate in a State Fire Rescue Training live fire training evolution, normal conditions are considered to consist of: heart rate of 60-100; respiratory rate of 12-20; systolic blood pressure less than 160; diastolic blood pressure of less than 100; pulse oximetry of 95% or greater. Participants are encouraged to periodically check their vital signs and seek appropriate medical attention for abnormal signs/symptoms.

Baseline Vital Signs (This must be completed prior to participating in live fire training):

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Heart Rate: \_\_\_\_\_ Respiratory Rate: \_\_\_\_\_

Blood Pressure: \_\_\_\_\_ Pulse Ox: \_\_\_\_\_ Obtained by (Name): \_\_\_\_\_

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**Participants must be a member of a Fire Department, Industrial Fire Brigade or Junior Firefighter program (Ages 15-17) that is recognized by the Kentucky Fire Commission to participate in live fire training delivered by State Fire Rescue Training. ID's will be checked by SFRT instructors before allowing students to participate in live fire training and some evolutions/activities are restricted for 15-17 year old Junior Firefighters (See current Junior Firefighter Guidelines on KY Fire Commission website.) All turnout gear must be less than 10 years of age. Per NFPA 1403 (2018 Edition) A4.9.5 it is recommended that all participants wear full-length clothing made of natural fibers or fire-retardant materials under their personal protective equipment during live fire evolutions.**

Facepiece seal protection: SFRT requires that all students must be compliant with OSHA 29 CFR 1910.134:

“[1910.134\(g\)\(1\)\(i\)](#) -The employer shall not permit respirators with tight-fitting facepieces to be worn by employees who have: [1910.134\(g\)\(1\)\(i\)\(A\)](#) - Facial hair that comes between the sealing surface of the facepiece and the face or that interferes with valve function;” (hair growth between the skin and the facepiece sealing surface, such as stubble beard growth, beard, mustache or sideburns which cross the respirator sealing surface).

Signature of Chief Officer: \_\_\_\_\_

Signature of Student: \_\_\_\_\_

***This form must accompany any registration form for live fire training courses.***

***(DUPLICATE AS NEEDED)***

Revised August 2020

# Live Fire Training Release Form

Name: \_\_\_\_\_ KY Firefighter ID # \_\_\_\_\_ Department Name: \_\_\_\_\_

In consideration of the Kentucky Community and Technical College System ("KCTCS") Kentucky Fire Commission State Fire Rescue Training (referred to hereafter as "SFRT") allowing me to participate in this emergency service training class, I represent and agree as follows:

1. Assumption of Risk. I understand and acknowledge that the very nature of the training is dangerous and there are certain inherent risks associated with participating in the training, including but not limited to fire-related risks. I understand that the specific risks vary, but that they include injury, loss, or damage to myself or my property, or death, resulting from exposure to fire and unsafe conditions. I understand that efforts will be made by the instructional staff to create a working environment that is as safe as possible, and that the instructional staff will give me careful and prudent instruction in the operation of equipment and how to perform each task. However, I also understand that neither KCTCS nor SFRT – nor their respective boards, officers, agents, or employees – has control over these inherent risks, and that the risks cannot be eliminated completely regardless of the care taken by KCTCS or SFRT. By signing below, I represent that I appreciate the risks. I accept and voluntarily assume all risks that may arise from or in connection with my participation in the training. I understand that I am ultimately responsible for my own safety, and for my actions at all times.

2. Participation. I agree to perform only those activities specifically designated for the training, to follow all instructions and directions given to me by the instructional staff, and to adhere to all applicable safety standards. I will not participate in any activity that is not directly related to the training and class function, and I will ask for additional information before I proceed with a training procedure if I am unsure of the procedure or of the instructions and directions given.

3. Workers' Compensation. I understand that in order to participate in this training, I must be a member in good standing with a fire department or response agency, and I must be covered by the workers' compensation insurance of that department or agency. By signing this document, I certify that I meet these requirements. I understand that in the event of any accident or injury, any workers' compensation claim must be made under the coverage of my department or agency. In no event will I request workers' compensation coverage from KCTCS or SFRT and either KCTCS or SFRT will be responsible for any accident or injury.

4. Release and Hold Harmless. I understand that participating in the training may result in injury, loss, or damage to myself or my property, or death, and neither KCTCS or SFRT – nor their respective boards, officers, agents, or employees – will be responsible or liable for such injury, loss, damage, or death. By signing below, I release, hold harmless, and forever discharge KCTCS or SFRT – and their respective boards, officers, agents, and employees – from any and all claims, causes of action, or demands of every kind by reason of any injury to person or property, or death, arising from or in connection with my participation in this training.

5. Alcohol and Medications. I agree and represent that I will not consume alcoholic beverages or any prescription or non-prescription medications or other controlled substances that may impair my judgment or reaction time within the five (5) hours prior to any class, or during class.

6. Live Fire. I understand that this training involves live fire, I must have completed certain FF1 and FF2 job performing requirements, as set forth in NFPA 1001 and 1403 directives.

7. Accident or Injury. I agree and represent that in the event of any accident or injury, I will report such accident or injury IMMEDIATELY to the instructional staff. I will also report such accident or injury to the administrative officer of my fire department or response agency as soon as is reasonably practicable, but in no event more than 24 hours after the accident or injury.

*By signing below, I agree that I have been given sufficient time to read, understand, and ask questions, if any, concerning the nature and scope of this Release. I understand that any breach of the above stated items could result in my immediate dismissal from class.*

Signature of Student: \_\_\_\_\_ Date: \_\_\_\_\_